



The Gandhara News

January - June 2026





Successfully Completes 3rd Batch of CHPE Program to Strengthen Health Professions Education



Gandhara University has successfully completed the 3rd Batch of its Certificate in Health Professions Education (CHPE) Program, reaffirming its commitment to fostering excellence in teaching, learning, and educational leadership within the health sciences. The program was facilitated by a distinguished team of educators, including Prof. Dr. Brekhna Jamil, Asst. Prof. Nowshad Asim, and Asst. Prof. Syed M. Junaid from Khyber Medical University, Dr. Saman Baseer from KCD, along with Asst. Prof. Marina Khan, Asst. Prof. Aalia Jehan Zaib, and Dr. Usama Aurangzeb from Gandhara University. Throughout the program, participants engaged in a comprehensive learning experience covering key domains of medical education, including adult learning principles, curriculum development, assessment strategies, educational leadership, and professional identity formation. The expertise and dedication of the facilitators enriched the learning environment and provided participants with valuable insights into contemporary health professions education. Dr. Sofia Shehzad, Director ORIC and CHPE Program Director, congratulated the participants on successfully completing the program and highlighted the growing significance of educational scholarship, faculty development, and health research in strengthening healthcare systems. She emphasized that the CHPE initiative serves as a vital platform for enhancing teaching competencies, promoting evidence-based educational practices, and fostering academic excellence within health professions education. Prof. Dr. Ejaz Hassan Khan, Vice Chancellor of Gandhara University, appreciated the successful completion of the third batch and commended the participants for their commitment to professional growth. He reiterated the University's dedication to supporting faculty and healthcare professionals through structured educational programs that align with evolving national and international standards in health professions education. The successful completion of the 3rd Batch of the CHPE Program marks another significant milestone in strengthening the pedagogical and research capacities of health professionals. The program continues to contribute to Gandhara University's vision of academic excellence, innovation, and continuous quality improvement. By equipping participants with advanced educational knowledge and practical teaching skills, the CHPE program is helping to develop future leaders who will drive meaningful advancements in healthcare education, research, and practice.





Marks Completion of 7th Batch of Certificate in Health Research CHR Program



Gandhara University proudly announces the successful completion of the 7th Cohort of the Certificate in Health Research (CHR) Program, reaffirming its commitment to advancing research excellence and strengthening research capacity within the healthcare sector. This achievement reflects the University's dedication to equipping healthcare professionals with essential competencies in research methodology, evidence-based practice, and scientific inquiry. The program concluded with a vibrant closing ceremony, highlighted by research proposal presentations from the participants. The presentations were evaluated and guided by Prof. Dr. Hamid Hussain and Prof. Dr. Ibn-e-Amin, whose valuable feedback and expertise significantly enriched the learning experience. The participants demonstrated commendable intellectual rigor, critical thinking, and practical application of the research skills acquired throughout the program.

The ceremony was graced by distinguished guests, including Prof. Dr. Ejaz Hassan Khan, Vice Chancellor of Gandhara University; Prof. Dr. Ahmad Mishvani, Principal of Kabir Medical College; Dr. Sofia Shehzad, Director of the Office of Research, Innovation and Commercialization (ORIC), Gandhara University; and Prof. Dr. Hamid Hussain from Kabir Medical College. Their presence and encouraging remarks underscored the importance of health research in addressing contemporary healthcare challenges and advancing evidence-based decision-making at both regional and national levels. Gandhara University extends its sincere appreciation to the dedicated facilitators and mentors whose expertise and commitment were instrumental in the success of the program. Special thanks are due to Prof. Dr. Waqar Ali from Northwest School of Medicine, Prof. Dr. Bushra Iftikhar and Asst. Prof. Kashif ur Rehman from Kabir Medical College, Dr. Shaista Noreen (PhD Scholar) from Khyber Medical University, and Asst. Prof. Farhad Ali from Khyber Medical College. Their mentorship and guidance played a pivotal role in enhancing the research competencies of all participants. We extend our heartfelt congratulations to all participants for their dedication, perseverance, and outstanding contributions throughout the program. The knowledge and skills gained through the CHR program will empower them to undertake impactful research initiatives, contribute to evidence-based healthcare practices, and drive meaningful improvements in healthcare delivery and policy. Gandhara University remains steadfast in its mission to cultivate future leaders in health research and to foster a culture of innovation, scholarship, and academic excellence.





Welcomes to First-Year MBBS and BDS Students at White Coat Ceremony 2026



Gandhara University proudly welcomed the students of 1st Year MBBS and 1st Year BDS, along with their proud parents, to the White Coat Ceremony 2026. Held at the Surgeon Muhammad Kabir Auditorium, the event brought together students, parents, faculty members, and the Gandhara University family to celebrate the beginning of the students' journey into the medical and dental professions.

The ceremony commenced with a beautiful recitation of the Holy Quran by Dr. Hafiz Muhammad Sanan, followed by the National Anthem. Dr. Fahad Qiam, serving as the stage secretary, welcomed the audience and highlighted the significance and history of the White Coat Ceremony, concluding with prayers for the success of the new students.

Prof. Ahmed Hussain Mishwani, Principal of Kabir Medical College, administered the professional oath to the students, emphasizing the values of ethics, professionalism, and compassion. The Vice Chancellor, Prof. Ejaz Hassan Khan, then addressed the gathering, providing an overview of the university's achievements, facilities, and future vision.

The ceremony also served as an opportunity for students and parents to familiarize themselves with the university's academic environment and values. Faculty members extended their warm wishes to the incoming batch, encouraging them to pursue excellence, uphold professional integrity, and embrace lifelong learning as they begin their journey in the healthcare field.

The ceremony concluded with a vote of thanks by Dr. Fahad Qiam, followed by tea and refreshments on the university lawn. The event marked a memorable milestone for the new students as they embarked on their journey toward becoming dedicated healthcare professionals.





Surgeon Muhammad Kabir 3rd International Conference Feb 2026 Theme: Revolution in Medical Education



The Surgeon Muhammad Kabir 3rd International Conference 2026 was successfully held on 11th February 2026 at Gandhara University, marking a historic milestone as the first-ever Medical Education Conference in Khyber Pakhtunkhwa (KP) hosted by the institution. The event reflected Gandhara University's growing leadership role in advancing innovation, research, and excellence in the field of medical education. The conference was organized under the umbrella of the Director ORIC, Dr. Sofia Shehzad, Gandhara University, demonstrating the university's strong commitment to academic development, capacity building, and the promotion of modern educational practices in healthcare sciences.

Under the central theme "Revolution in Medical Education," the conference brought together distinguished national and international speakers, experts, and panelists who shared transformative insights on contemporary challenges and emerging trends in medical education. Their thought-provoking discussions enriched the academic experience and provided participants with valuable perspectives on innovation in teaching, learning, and curriculum development.

The active participation of faculty members, students, and healthcare professionals contributed to the success of the event, making it a truly impactful academic gathering. The contributions of all speakers and participants were highly appreciated by the organizing committee, further strengthening the vision of promoting excellence in medical education at both national and international levels.





3rd SMK-IMEC 2026 - Pre-Conference Workshop Ethical and Responsible Use of Artificial Intelligence in Health Professions Education



A pre-conference workshop titled “Ethical and Responsible Use of Artificial Intelligence in Health Professions Education” was held at Gandhara University, Peshawar, under ORIC as part of the 3rd International Medical Education Conference 2026. The workshop was facilitated by Dr. Nowshad Asim, Assistant Professor, Khyber Medical University (KMU), Peshawar, and conducted in a hybrid format with both on-site and online participation from national and international attendees. The session highlighted ethical considerations in AI, data privacy, academic integrity, and the responsible integration of AI in health professions education, with active participant engagement throughout.

3rd SMK-IMEC 2026 - Pre-Conference Workshop Career Planning & Pathway for Dental Student



Gandhara University, Peshawar, under the supervision of ORIC, hosted a pre-conference workshop titled “Career Planning & Pathway for Dental Students” as part of the 3rd International Medical Education Conference 2026. The session was facilitated by Dr. Fahad Qiam, Assistant Professor, Oral & Maxillofacial Surgery, Sardar Begum Dental Hospital, Peshawar, and provided valuable guidance to dental students on career pathways, professional development, and future opportunities in the field of dentistry. The workshop emphasized the importance of early career planning, skill development, and informed decision-making to ensure long-term professional success. Participants actively engaged in interactive discussions, gaining practical insights into academic progression and diverse career trajectories within dentistry.



3rd SMK-IMEC 2026 - Pre-Conference Workshop Ai in Education - How to make Effective Powerpoint Presentation using AI

Gandhara University, Peshawar, under the supervision of ORIC, successfully hosted a pre-conference workshop titled “How to Make an Effective PowerPoint Presentation using AI” as part of the 3rd International Medical Education Conference (IMEC) 2026. The session was facilitated by Dr. Syed Muhammad Junaid, Assistant Professor of Medical Education, Khyber Medical University, Peshawar, and aimed at enhancing participants' skills in designing impactful and professional presentations through the effective use of artificial intelligence tools.

The workshop highlighted practical techniques for structuring content, improving visual design, and utilizing AI-driven tools to enhance clarity, creativity, and audience engagement in academic presentations. Participants actively engaged in hands-on learning activities and discussions, gaining valuable insights into modern, technology-assisted presentation methods in medical education.

The session was highly appreciated for its practical relevance and contemporary approach to academic skill development.



3rd SMK-IMEC 2026 - Pre-Conference Workshop Career Planning & Pathway for Medical Student

Gandhara University, Peshawar, under the supervision of ORIC, hosted a pre-conference workshop titled “Career Planning & Pathway for Medical Students” as part of the 3rd International Medical Education Conference 2026. The session was facilitated by Dr. Jibran Umar Ayub, Associate Professor, KMU Hospital, and provided valuable guidance to medical students on career pathways, professional development, and future growth in the medical field.

The workshop highlighted key aspects of informed career decision-making, academic progression, and the importance of aligning personal interests with long-term professional goals. Participants actively engaged in interactive discussions and gained practical insights into diverse opportunities within clinical practice, specialization, and academic careers in medicine. The session also emphasized the evolving landscape of healthcare and the competencies required to excel in modern medical practice. Overall, it served as an enriching platform to motivate students toward structured career planning and lifelong professional development.





3rd SMK-IMEC 2026 - Pre-Conference Workshop The Med School Brain Hack

A pre-conference workshop titled “The Med School Brain Hack” was conducted at Gandhara University under the supervision of ORIC as part of the 3rd International Conference of Surgeon Muhammad Kabir. The session was facilitated by Prof. Dr. Waqar Ali, Vice Principal, North West School of Medicine & Research Center, and focused on enhancing effective learning strategies, cognitive skills, and academic performance in medical education. The workshop also encouraged participants to adopt evidence-based study techniques and develop a more structured and goal-oriented approach to lifelong learning in medicine..



3rd SMK-IMEC 2026 - Pre-Conference Workshop Mind of a Teacher, Heart of a Learner

A pre-conference workshop titled “Mind of a Teacher, Heart of a Learner” was conducted today under the supervision of ORIC, Gandhara University, as part of the 3rd International Conference of Surgeon Muhammad Kabir. The session was facilitated by Assistant Professor Dr. Waleed Ahmad, Psychiatry Department, Lady Reading Hospital, and focused on reflective teaching, lifelong learning, and professional growth in medical education.

The workshop further highlighted the importance of empathy, self-awareness, and continuous improvement in shaping effective and compassionate medical educators.





Conducts Program Review Effectiveness Enhancement Workshop for Faculty Development

Gandhara University successfully organized a two-day faculty development course titled “Program Review for Effectiveness and Enhancement (PREE)” on 4th and 6th March as part of its Train the Trainers Policy. The course was facilitated by Dr. Asiya Bukhari, Director, Quality Enhancement Cell (QEC), Khyber Medical University (KMU). The comprehensive training program aimed to strengthen faculty understanding of quality assurance practices, program evaluation, and continuous academic improvement. Through interactive sessions and practical discussions, participants gained valuable insights into maintaining and enhancing educational standards in higher education institutions.

Faculty members from various departments actively participated in the course, reflecting the university’s commitment to professional development and academic excellence. The training provided an opportunity to refresh key concepts related to quality assurance and program effectiveness, ensuring alignment with national and international educational standards.



Educational Visits by 4th Year MBBS Students of Kabir Medical College

Under the directive of Prof. Dr. Ejaz Hassan, Vice Chancellor, Gandhara University, and the supervision of Brig. (R) Surgeon Ahmad Hussain Mashwani, Principal, Kabir Medical College, 4th Year MBBS students visited the Pakistan Institute of Community Ophthalmology (PICO) and the Institute of Kidney Diseases (IKD), Peshawar. At PICO, Prof. Sanaullah Jan Khan briefed the students on the institute’s vision, objectives, and achievements, followed by a visit to the Ophthalmology Department at Hayatabad Medical Complex. At IKD, Prof. Liaqat Ali Khan conducted an informative session and facilitated visits to various clinical and diagnostic units.

The educational visits provided valuable exposure to specialized healthcare services and were accompanied by Dr. Iftikhar Ali Malik, Dr. Seema Noor, Dr. Fareeha Rehman, and Dr. Rabia, senior faculty members of Kabir Medical College.





Strengthening Pakistan-Japan Friendship Through Cultural and Educational Collaboration

On 20 January 2026, it was a great honor and privilege to welcome H.E. Mr. AKAMATSU Shuichi, Ambassador of Japan to Pakistan, for a productive courtesy call with Mrs. Roeeeda Kabir, President of the Pakistan-Japan Cultural Association (PJCA) Khyber Pakhtunkhwa. Established in 1988, PJCA KPK has proudly served for 38 years as a vital bridge of friendship, cultural understanding, and people-to-people connections between Pakistan and Japan. The meeting focused on exploring new avenues to further strengthen bilateral relations through enhanced cultural initiatives, educational exchanges, and collaborative activities. The interaction reaffirmed the shared commitment of both nations to promoting mutual respect, understanding, and enduring friendship. It also highlighted the importance of cultural diplomacy in fostering stronger ties between the people of Pakistan and Japan, paving the way for greater cooperation and meaningful engagement in the years ahead. The meeting marked another significant step toward strengthening the longstanding partnership and promoting meaningful cultural and educational cooperation between Pakistan and Japan.



Japanese Calendars Exhibition 2026 Celebrates Japanese Culture at Gandhara University

On 30 January 2026, the Embassy of Japan, in collaboration with the Pakistan-Japan Cultural Association (KP), organized the Japanese Calendars Exhibition 2026 at Gandhara University, Peshawar. The exhibition was inaugurated by Mrs. Roeeeda Kabir, President PJCA (KP), in the presence of Prof. Ejaz Hassan Khan, Vice Chancellor, Gandhara University, along with distinguished guests, faculty members, staff, and students. Featuring 77 calendars provided by the Japan Calendars Association, Tokyo, the exhibition highlighted Japan's rich cultural heritage, traditional and contemporary arts, breathtaking natural landscapes, architectural achievements, sports, and technological advancements. The colorful display offered visitors a unique glimpse into the beauty and diversity of Japanese society and its centuries-old cultural traditions. Speaking on the occasion, Mrs. Roeeeda Kabir appreciated the wide variety of calendars showcased in the exhibition and emphasized the importance of cultural exchange in strengthening mutual understanding between nations. She expressed her hope that the longstanding friendship and cooperation between Pakistan and Japan would continue to grow and flourish in the years ahead.





Celebrating Creativity and Social Awareness: Art Competition at Naseer Teaching Hospital

Naseer Teaching Hospital successfully organized an Art Competition, providing students with a platform to creatively express their perspectives on Public Health, Mental Health, and Human Values through inspiring paintings and calligraphy. The event highlighted the remarkable talent of participants while promoting awareness of important social and healthcare issues. The competition was inaugurated by Mrs. Roeeda Kabir, Chancellor, Gandhara University. The Chief Guest, Dr. Waqar Alam Jan, Regional Director, College of Physicians and Surgeons Pakistan (CPSP), Peshawar, was warmly welcomed by Prof. Dr. Shahzad Akbar Khan, Dean KGMC, and Mr. Fahad Kabir, Director Administration, Naseer Teaching Hospital. His presence added significance to the occasion and encouraged students to use art as a powerful medium for positive social change. Naseer Teaching Hospital extends its sincere appreciation to all participants, organizers, and supporters who contributed to the success of the event. The competition reflected the institution's commitment to fostering creativity, awareness, and holistic student development, reaffirming the belief that art not only beautifies spaces but also inspires minds and strengthens communities.



Wazir Muhammad Institute of Allied Health Sciences Students Promoting Environmental Responsibility and Sportsmanship

Students actively participated in the Cleanliness Drive organized under the auspices of the Higher Education Commission (HEC), demonstrating their commitment to environmental sustainability, community engagement, and social responsibility. The initiative aimed to promote a cleaner and healthier environment while fostering awareness about the importance of civic responsibility. In addition, the institute successfully organized Sports Week, providing students with a dynamic platform to showcase their athletic abilities, teamwork, discipline, and sportsmanship. The event featured a variety of sporting activities that encouraged healthy competition, physical well-being, and the development of leadership and collaborative skills among participants.





Basic Life Support (BLS) Training for Nursing Students

A Basic Life Support (BLS) Training Session was successfully conducted for the students of Farkhanda Institute of Nursing in collaboration with Rescue 1122. The session provided hands-on training in CPR, first aid, and emergency response skills, empowering students with essential lifesaving competencies for effective patient care and emergency management.

The training enhanced participants' preparedness to respond confidently in critical situations and medical emergencies. Interactive demonstrations and practical exercises ensured a comprehensive learning experience. Such initiatives contribute significantly to strengthening the clinical and professional capabilities of future healthcare providers.



Seminar on Artificial Intelligence for Nursing Students

A highly informative Seminar on Artificial Intelligence (AI) was successfully conducted for the students of Farkhanda Institute of Nursing. The seminar explored the growing role of Artificial Intelligence in healthcare, highlighting its applications in patient care, clinical decision-making, medical education, research, and healthcare management. Participants gained valuable insights into emerging technologies and their potential to transform the future of nursing and healthcare services. The session encouraged students to embrace innovation, develop digital competencies, and prepare for the evolving landscape of modern healthcare. Such academic initiatives play a vital role in fostering critical thinking and technological awareness among future healthcare professionals. The seminar also provided a platform for meaningful discussion on the ethical use of AI and its impact on healthcare delivery. Students actively engaged with the topic, demonstrating a keen interest in leveraging technology to improve patient outcomes and healthcare quality. Empowering Future Nurses Through Innovation and Technology.





Pakistan Armed Forces Day

Students and faculty members of Gandhara University gathered to express solidarity with the brave Armed Forces of Pakistan and to pay tribute to their unwavering sacrifices for the defense, peace, and sovereignty of the nation. The event highlighted the spirit of patriotism, national unity, and respect for the courageous men and women who dedicate their lives to safeguarding our homeland. Through this collective gesture, the Gandhara University community reaffirmed its commitment to supporting and honoring the defenders of Pakistan.



World Oral Health Awareness Walk 2026

On 22 April 2026, Gandhara University, in collaboration with Platinum Pharmaceuticals (Pvt.) Ltd. – Oral Health Division, organized an Oral Health Awareness Walk to promote the importance of oral hygiene and preventive dental care. Faculty members, students, and staff participated enthusiastically, reinforcing the message "A Happy Mouth is a Happy Life." The event reflected the University's commitment to promoting oral health awareness and encouraging healthier communities through education and engagement.





Building Digital Research Portfolios: Empowering Faculty for Global Academic Visibility

Gandhara University successfully organized a faculty development workshop titled “Building Digital Research Portfolio” for its faculty members. The workshop was facilitated by Mr. Qazi Waqas Ahmad and Mr. Muhammad Haris Durrani, Deputy Editors of the Journal of Gandhara Medical and Dental Sciences (JGMDS), under the supervision of Dr. Sofia Kabir, Director ORIC, Gandhara University. The workshop focused on strengthening the digital academic presence of faculty members by providing practical training on developing and maintaining professional research profiles on platforms such as ORCID, Google Scholar, and ResearchGate. Participants were guided on effectively managing publication records, enhancing research visibility, monitoring scholarly impact, and building a strong digital research identity. The interactive session enabled faculty members to explore best practices for showcasing their academic achievements and expanding their professional networks within the global research community. The initiative reflects Gandhara University's commitment to promoting research excellence, innovation, and continuous professional development among its faculty.



Building Digital Research Portfolios: Empowering Faculty for Global Academic Visibility

It was a great honor and privilege to welcome H.E. Mr. AKAMATSU Shuichi, Ambassador of Japan to Pakistan, for a productive courtesy call with Mrs. Roeeeda Kabir, President of the Pakistan-Japan Cultural Association (PJCA) Khyber Pakhtunkhwa. Established in 1988, PJCA KPK has proudly served for 38 years as a vital bridge of friendship, cultural understanding, and people-to-people connections between Pakistan and Japan. The meeting focused on exploring new avenues to further strengthen bilateral relations through enhanced cultural initiatives, educational exchanges, and collaborative activities. The interaction reaffirmed the shared commitment of both nations to promoting mutual respect, understanding, and enduring friendship. It also highlighted the importance of cultural diplomacy in fostering stronger ties between the people of Pakistan and Japan, paving the way for greater cooperation and meaningful engagement in the years ahead.

The meeting marked another significant step toward strengthening the longstanding partnership and promoting meaningful cultural and educational cooperation between Pakistan and Japan.





Round 1 - Delphi Technique Workshop for the Development of a Contextually Adapted Brief Behavioral Tobacco Cessation Intervention for Dental Settings in Pakistan

Round 1 of the Delphi Technique Workshop was successfully conducted on 22nd June 2026 under the leadership of Dr. Sofia Kabir, Lead Researcher, in collaboration with the KMU research team, including Dr. Saima Aleem, Dr. Faryal, Mr. Bilal Ahmad, Mrs. Rida, and Mrs. Sania. The workshop introduced participants to the Delphi Technique as a structured method for achieving expert consensus. Evidence-based tobacco cessation interventions identified through a scoping review were presented and evaluated for their relevance to Pakistani dental settings. Participants completed Likert scale-based assessments and engaged in discussions to rate intervention components based on importance, feasibility, acceptability, and cultural appropriateness. The collected responses were analyzed and presented through charts, enabling participants to review consensus levels on various tobacco cessation strategies. The findings from Round 1 helped identify intervention components to be retained, adapted, or excluded, contributing to the development of a contextually adapted tobacco cessation intervention for routine dental care in Pakistan.



Round 2 - Delphi Technique Workshop for the Development of a Contextually Adapted Brief Behavioral Tobacco Cessation Intervention for Dental Settings in Pakistan

Round 2 of the Delphi Technique Workshop was successfully conducted on 29th June 2026 under the leadership of Dr. Sofia Kabir, Lead Researcher, in collaboration with the KMU research team, including Dr. Saima Aleem, Dr. Faryal, Mr. Bilal Ahmad, Mrs. Rida, and Mrs. Sania. Building upon the findings of Round 1, participants were presented with the refined intervention components and the results of the initial consensus process. During the workshop, participants completed the second Likert scale-based assessment, providing further expert evaluation of the tobacco cessation intervention components in terms of importance, feasibility, acceptability, and cultural appropriateness. The collected data were compiled, analyzed, and presented to the participants, allowing for review and comparison of consensus levels across the proposed intervention strategies. Through structured discussion and expert feedback, areas of agreement were strengthened and remaining discrepancies were addressed. The outcomes of Round 2 enabled the research team to finalize the Delphi consensus process and refine a contextually adapted tobacco cessation intervention for routine dental care in Pakistan, ensuring that the intervention is evidence-based, culturally relevant, and feasible for implementation within local dental healthcare settings.





Vice Chancellor Gandhara University Honored with Lifetime Achievement Award

On the occasion of the Convocation, in recognition of his outstanding contributions to medical education and research, the Vice Chancellor of Gandhara University, Peshawar, Professor Dr. Ejaz Hassan Khan, was conferred with the Lifetime Achievement Award by Khyber Medical University, Peshawar. This prestigious honor acknowledges his exceptional and lifelong services in the fields of healthcare, education, and research. The conferment of this award is not only a reflection of Professor Dr. Ejaz Hassan Khan's remarkable professional achievements but also a moment of immense pride for Gandhara University, Peshawar.

Under his visionary leadership, Gandhara University continues to advance in academic excellence, research innovation, and the promotion of high-quality education.



Vice Chancellor Gandhara University Honored with Healthcare Excellence Award 2026

Vice Chancellor Gandhara University, Professor Dr. Ejaz Hassan Khan, has been awarded the Healthcare Excellence Award 2026 at the Governor House Lahore in recognition of his outstanding contributions to academics and the healthcare sector. The award was conferred by the Health Minister of Punjab, along with the President of PAMI and the President of CPSP, acknowledging his remarkable services in advancing medical education, academic leadership, and healthcare development. This prestigious recognition reflects his continuous commitment to excellence and innovation in the fields of education and healthcare, bringing pride to Gandhara University and the wider academic community.





Dean KGMC Prof. Dr. Shahzad Akbar Khan Conferred Gold Medal in MHPE Convocation

On the occasion of the Convocation, in recognition of his exemplary academic performance, Surgeon Prof. Dr. Shahzad Akbar Khan, Dean Khyber Girls Medical College (KGMC), Peshawar, was awarded a Gold Medal upon the successful completion of the Master of Health Professions Education (MHPE) Program (Session 2022–2024). This honor reflects his dedication and excellence in medical education and brings pride to his institution.

Prof. Dr. Shahzad Akbar Khan is a respected surgeon and academic leader, and has served as Medical Director of Hayatabad Medical Complex (HMC), Peshawar. He holds key leadership roles in affiliated institutes and was previously awarded the Tamgha-e-Imtiaz for his services during the COVID-19 pandemic. He continues to contribute significantly to healthcare leadership and medical education.



Asst. Prof. Dr. Nowshad Asim Awarded Gold Medal in MHPE Convocation for Academic Excellence

On the occasion of the Convocation Ceremony, Asst. Prof. Dr. Nowshad Asim, Department of Medical Education, Khyber Medical University (KMU), was conferred the Gold Medal upon the successful completion of the Master of Health Professions Education (MHPE) program. This distinguished recognition highlights his outstanding contributions to medical education and research, reflecting his strong commitment to academic excellence and educational leadership. This achievement stands as a testament to his dedication, hard work, and continuous pursuit of professional development in the field of health professions education. His accomplishment not only marks a significant milestone in his academic journey but also serves as an inspiration for colleagues and future educators in the medical education community.





From Sapling to Sustainability: A Personal Contribution to Climate Action (SDG 13)



Under the patronage of the Vice Chancellor of Gandhara University, Professor Dr. Ejaz Hassan Khan, and the university team leader, Dr. Iftikhar Ali Malik, plants were distributed among 450 students, including Irum Ahmad, a 4th Year MBBS student at Kabir Medical College, Gandhara University, Peshawar, on 11-03-2025 as part of an environmental sustainability initiative.

With consistent care, including regular watering throughout the summer and the appropriate use of fertilizers and pesticides, the plant has now grown into a healthy, full-fledged tree through her dedicated effort, supported by her parents and by the grace of Almighty Allah. This tree not only enhances the beauty of her home environment but also contributes to environmental sustainability by absorbing carbon dioxide and releasing oxygen, thereby supporting Sustainable Development Goal 13 (Climate Action) in addressing global challenges such as climate change and global warming.

This initiative reflects the importance of youth engagement in environmental protection and responsible stewardship of natural resources. It also highlights how small individual actions can collectively contribute to meaningful environmental impact. Such efforts play a vital role in promoting awareness and responsibility towards a greener and more sustainable future.

Student of Sardar Begum Dental College Dr. Farrukh Ali Secures FCPS Residency in Prosthodontics at Aga Khan University Hospital, Karachi



Congratulations to Dr. Farrukh Ali, proud alumnus of Batch 2019–2024, Sardar Begum Dental College, on his selection for FCPS Residency in the Department of Prosthodontics at the prestigious Aga Khan University Hospital (AKUH), Karachi.

This outstanding accomplishment marks a significant milestone in his professional journey. Notably, Dr. Farrukh Ali has achieved the distinction of becoming the first resident from Khyber Pakhtunkhwa (KPK) to secure formal training in the Department of Prosthodontics at AKUH, reflecting his exceptional academic performance, clinical competence, and strong dedication to the field of dentistry.

His selection into one of the most competitive residency programs in the country highlights his commitment to excellence, perseverance, and passion for advancing specialized dental care. This achievement not only brings pride to his alma mater but also serves as an inspiration for future dental graduates aspiring to pursue advanced training at national and international levels.

We extend our heartfelt congratulations to Dr. Farrukh Ali and wish him continued success, growth, and excellence in his FCPS training and future professional endeavors.



Student of Sardar Begum Dental College Dr. Majid Wins Postgraduate Oral Presentation Award at 2nd KCD Con 2026



It is a proud moment for Gandhara University as Postgraduate Resident, Department of Prosthodontics, Sardar Begum Dental College & Hospital, Dr. Majid, secured first position in the category of Postgraduate Oral Presentation at the 2nd KCD Con 2026.

He presented an exceptional clinical case report on a patient being managed with a silicone-based maxillofacial prosthesis at the Prosthodontics Department, SBDC. His presentation was highly appreciated for its clinical relevance, innovation, and academic depth, reflecting strong diagnostic skills and evidence-based prosthodontic practice.

This achievement further highlights the growing culture of research, innovation, and academic excellence within the postgraduate training environment. It also underscores the continued efforts of the faculty in shaping competent and research-oriented clinicians. Heartiest congratulations to Dr. Majid on this outstanding accomplishment, along with sincere appreciation for the entire Faculty of Prosthodontics for their commitment to academic excellence at the postgraduate level.

His success will serve as an inspiration for future postgraduate scholars to actively engage in research, clinical reporting, and academic competitions.

Students of SBDC Celebrating Academic Excellence & Outstanding Achievement

Gandhara University proudly recognizes the remarkable academic achievements of Mr. Qaribullah Khan and Mr. Mohammad Mustafa for their outstanding performance in the BDS examinations in June 2026. Mr. Qaribullah Khan, a Third Year BDS student, earned a Gold Medal in Community & Preventive Dentistry by securing the highest marks in the subject and achieved 2nd Position in the Annual Professional Examination. Mr. Mohammad Mustafa, a Fourth Year BDS student, secured Distinction in Periodontology by obtaining the highest marks in the subject and also achieved 2nd Position in the Annual Professional Examination. Their dedication, perseverance, and commitment to academic excellence reflect the highest standards of professional education and scholarly achievement. These accomplishments are a source of immense pride for their families, teachers, institution, and communities. Their success serves as a motivation for fellow students to strive for excellence and pursue their goals with determination. Gandhara University extends its heartfelt congratulations and best wishes for their continued success in their future academic and professional endeavors.





Proud Moments Dr. Zainab Waheed Successfully Completed her PhD



Gandhara University, Peshawar, proudly congratulates Dr. Zainab Waheed on the successful completion of her PhD. Her research entitled "The Efficacy of Virtual Reality-Based vs Traditional Acceptance and Commitment Therapy on the Psychological and Physiological outcomes of Generalized Anxiety Disorder Patients". Dr. Zainab Waheed serves as an Associate Editor for the Journal of Gandhara Medical and Dental Sciences (JGMDS), Journal of Gandhara Nursing and Allied Health Sciences (JGNAHS), Journal of Orthopaedic Specialities (JOS), and Managing Editor of the Student Journal of Gandhara University (SJGU). She is also a Senior Lecturer in the Department of Psychiatry and behavioral sciences at Gandhara University, Peshawar. Her remarkable achievement reflects her dedication to academic excellence, innovative research, and her valuable contributions to higher education and scholarly publishing. The entire Gandhara University family extends heartfelt congratulations and wishes her continued success in all her future endeavors. Dr. Zainab's research represents an important contribution to the field of mental health by exploring the integration of emerging technologies with evidence-based psychological interventions. Her work highlights the potential of virtual reality in enhancing therapeutic outcomes for individuals suffering from generalized anxiety disorder, paving the way for innovative approaches in mental healthcare. This accomplishment stands as a testament to her commitment to advancing scientific knowledge, promoting academic excellence, and inspiring future researchers and students within the university community and beyond.



In Memoriam: Late Prof. Dr. Ehsan Gul Khattak



Prof. Dr. Ehsan Gul Khattak was a highly respected and dedicated academician who served as Professor of Pathology (Chemical Pathology) at Kabir Medical College, Gandhara University. Holding the qualifications of MBBS, MCPS, and FCPS, he made significant contributions to medical education, research, and the professional development of countless students throughout his distinguished career. For more than two decades, Prof. Dr. Khattak remained a valued member of the Gandhara University family, earning the admiration of colleagues and students alike through his commitment, expertise, and exemplary character. His unwavering dedication to teaching and mentorship left a lasting impact on the institution and the wider medical community. On 20 May 2026, Prof. Dr. Ehsan Gul Khattak sadly passed away due to a brain hemorrhage. His loss is deeply felt by all who had the privilege of knowing and working with him. He will be remembered with great respect and gratitude for his outstanding service, professional excellence, and enduring legacy in medical education. May Allah Almighty grant him the highest ranks in Jannat-ul-Firdous and bless him with eternal peace. May He also grant strength, patience, and comfort to his family, friends, colleagues, and students. Ameen.



Appointments

Dr. Farman Ullah - Senior Registrar -
Cardiology / Interventional - LCH, Peshawar

Dr. Waqar Ahmad Mishwani - Lecturer -
Pharmacology - KMC

Dr. Qazi Noman Naeem - Lecturer -
Pathology - KMC

Dr. Abdul Sattar - Senior
Registrar(Pulmonology) - LCH, Peshawar

Dr. Mariya Farooq - Lecturer - Oral
Pathology - SBDC

Dr. Muhammad Haris Ahmad - Lecturer -
Anatomy - KMC

Dr. Kashif Javed - Lecturer - Biochemistry -
KMC

Dr. Sara - Demonstrator, Pathology -
Transfer to Pharmacology

Dr. Aleena Usman - Lecturer (Dentistry) -
Pathology - KMC

Dr. Kainat Noor - Registrar - Paeds - SBDC

Dr. Rashida Bibi- Principal - FINS&PH

Ms. Kalsoom- Junior Instructor - FINS&PH

Dr. Moizullah - Lecturer - Oral Medicine -
SBDC

Dr. Nadim Khan- Professor - General
Surgery - MMC General Hospital

Dr. Usman Atique - Senior Registrar -
Ophthalmology - NTH

Dr. Asim Mahmood - Registrar -
Orthodontics - SBDC

Dr. Rahman Ullah - Senior Registrar -
Cardiology - MMC General Hospital

Mr. Abdullah - Nursing Lecturer - FIN&PH

Dr. Ureba Zaheer - Registrar -
Periodontology - SBDC

Dr. Nawal Noor - Registrar - Periodontology
- SBDC

Dr. Saba - Senior Lecturer - Physiology -
KMC

Dr. Almas - Senior Lecturer - Physiology -
LCH, Peshawar

Dr. Syed Irshad Hussain Abidi - Lecturer -
Community & Preventive Dentistry - SBDC

Promotions

Dr. Usama Aurangzeb - Assistant Professor,
Medical Education - Gandhara University



Dr. Ismail Qamar *Editor-in-Chief*
Director Sports, Literary & Social Affairs
Aminah Fahd *Editor*
Public Relations Officer
Dr. Zainab Kabir *Editor*
Administrator KMC & SBDC
Dr. Saira Afridi *Editor*
Associate Professor
Preventive & Community Dentistry



www.gandhara.edu.pk

Prof. Dr. Sofia Shehzad *Editor*
Director ORIC, Chief Editor: JGMDs, SJGU, JOS
Managing Editor: JGNAHS
Co-ordinator Community Health Program
Zainab Waheed *Editor*
Associate Editor, JGMDs, JGNAHS, SJGU, JOS
Qazi Waqas Ahmad *Editor*
Deputy Editor, JGMDs, JGNAHS, SJGU, JOS
M. Haris Durrani *Editor*
Deputy Editor, JGMDs, JGNAHS, SJGU, JOS

