

GANDHARA NEWS

Gandhara University's Biannual Newsletter

Convocation 2013

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Gandhara University has always meted out royal treatment for all and the convocation for graduates was no less



Chief Minister of KPK Mr. Justice Tariq Parvez at the 3rd Gandhara Convocation.

The 3rd Convocation of Gandhara University was held on April 13th in Shiraz Arena Hall, Peshawar Cantt. The Chief Minister of Khyber Pukhtoonkhwa, Mr. Justice Tariq Parvez was the Chief Guest on the occasion. Degrees were conferred upon Bachelors of Medicine, Surgery and Bachelors of Dentistry, from the session of 2011-2012. Pharma-D for the session of 2011 while Masters in Public Health was for session of 2012-2013. Faculty and students alike stood on the same platform for once, wearing graduate caps, gowns while their parents looked proudly upon them. The event was hosted by Dr. Ismail Qamar, Director Literary and Social Affairs.

After the beautiful recitation of the Holy Quran by Qari Abdur Rauf Madni, the Chancellor of Gandhara University Mrs. Roeeda Kabir declared the convocation open. Dr. Mumtaz Ahmed Principal KMC, took the oath from the graduates, taking their pledge to honestly and diligently serving humanity and their profession. Thereon, a total of 168 students were conferred with MBBS, BDS, Pharm-D and MPH degrees by the Chief Minister. Standing alongside were their respective Principals as well as the Chancellor and Vice Chancellor. Thirty one graduates were awarded gold medals by the Chief Guest.

Dr. Jawad Kundi, Director Medical Education announced the Lifetime Achievement Award for the Vice Chancellor of Gandhara University Prof. Rashid Ahmed Tahirkheli. In recognition of his academic and administrative services to the field of education in general and Gandhara University in particular. Dr. Ismail Qamar Director Literary Affairs and Dr. Mohammad Tariq Khan Director Planning and Development were bestowed with Gandhara Excellence Award.

The Principal SBDC Dr. Shaheed Iqbal welcomed and thanked the distinguished chief guest and parents and congratulated the graduates. The Vice Chandellor Prof. Rashid Ahmed Tahirkheli presented a detailed report on Gandhara University and its accomplishments over the last decade.

The Chief Minister Mr. Justice Tariq Parvez delivered an interesting speech in which the Honourable Chief Guest shared that he must seem visibly moved due to two reasons: firstly because of the overwhelmingly disciplined and mature event which Gandhara University, one of the most prestigious colleges in Pakistan, had organised and secondly that he himself was standing on the podium as one proud parent of a Gandhara graduate. The Chief Guest then

(Continued . . .)



Graduates and Faculty of the Year 2012

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Best Teachers of 2012

Prof. Abdul Wadood,
Dept. Of Pharmacology KMC

Prof. Mumtaz Ahmed Khan,
Principal KMC

Prof. Shaheed Iqbal,
Principal SBDC

Best Class of 2012

3rd Year MBBS (now 4th Year)
3rd Year BDS (now 4th Year)

Win in Poster Competition



The Prize Winners, 1st Year BDS

One should never miss out on the poster presentations at Gandhara, always artistic and hugely informative

The 1st year students of BDS participated in a Poster Competition at Gandhara University. The students produced beautiful posters under the guidance of Dr. Tahir Ali Khan of the Dept. Of Science of Dental Materials, Sardar Begum Dental College (SBDC).



congratulated both parents and teachers alike and prayed that may the podium on which he stood be one day occupied by the graduates alongwith earning people's respect and love. According to Mr. Justice Tariq Parvez, "in terms of years Gandhara University is 10 years old – hence a child, but judging by the prestige and the position it has achieved in such a small time, I wonder what a giant it shall become when an adult or fully grown". After his speech the Chancellor Gandhara University presented the convocation crest to the Chief Guest.

Dr. Mumtaz Ahmed Khan Principal Kabir Medical College made a congratulatory speech to all

graduates, thanked everyone including the staff, media, the examination cell and other university officials. After declaring the convocation closed, a celebratory and sumptuous lunch was served in the main hall.



Dr. Tahirkheli with Chief Guest & Chancellor, GU.

Launching 'Gandhara' 2013

This year the students annual magazine 'Gandhara' celebrated a decade of the University's existence

'Time is of essence', this phrase can be better understood if one attends Gandhara University's events. The magazine launching ceremony was no different as it started right at the mentioned time (10:30 am). Held on March 16th, the event took everyone by storm. Mr. Qaisar Ali, the Chief Commissioner Income Tax, Peshawar was the Chief Guest on the occasion. After a welcome address by the Principal of Kabir Medical College Dr. Mumtaz Ahmed Khan, Dr. Ismail Qamar gave a little introduction to the new hall's visionary constructor, Engineer Zahid Arif (brother of Surgeon Muhammad Kabir) and praised his sincere efforts.

The Chief Guest presented medals to all award winning students of the previous year. All those present marvelled at the fact that throughout all the professional exams, girls had stood first except for one boy who excelled in Pharmacy-D. Mr. Qaisar Ali delivered a thought-provoking speech advising students to become

humble human beings, kind doctors and safeguards for our planet Earth.

Writer and poet of international repute Mr. Amjad Islam Amjad, being a patron of literature, unveiled the Gandhara University magazine amidst much applause. The whole hall eagerly awaited the renowned author and poet, Mr. Amjad Islam Amjad to take the stage and share their happiness. His poetry was a mixture of amusement and a wary eye on life and time.

Along with Mr. Amjad came the genius and much accomplished Urdu poet Mr. Anwar Masood who, as always, won over the audience with his brilliantly humorous poetry. Students and faculty alike were blown away by Mr. Masood's delivery of lines, his immense wit and a deep eye on life in general. Ms. Bushra Farrukh, Mr. Aziz Ijaz and Mr. Nasir Ali Syed also shared their poetry with the audience and

everyone thoroughly enjoyed the event. The literati's intelligent humour left the audience with a dense feeling of elation and understanding. Long live Pakistan and its unique literature and culture!



Students receiving the shield for Best Class of 2012



Mr. Anwar Masood gave laugh stitches in our sides, Poet Amjad Islam Amjad holding Gandhara 2012

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Inauguration of a Penthouse Hall

It is essential to encourage creativity and it is also important to have the space to display it

first official step onto its marble floor, the hall knew itself as never before: a token of much jubilee, youth and happiness. The hall was



In February a Quran Khawani was held in the newly constructed 'Surgeon Muhammad Kabir Auditorium' to unveil it with prayers and good wishes, following which on February 25th, hundreds of students thronged the new premises constructed on the top most (the 4th) floor of Gandhara University's main building. The opening ceremony was rightfully the Qir'rat and Na'at competition serving as the official inauguration of the new hall for Gandharians. With the

lined with photos of all preceding years' literacy events, including authentic photos celebrating the city of Peshawar and its unique feel. Under the artistic direction of Dr. Ismail Qamar, Director Sports, Literary and Social Affairs and his team of students, the hall is decorated according to each event's theme and requirement. Such labours lend a different appeal to each occasion.



Surgeon Muhammad Kabir Auditorium in different moods

Community Dentistry

As community trips to schools are a part of the syllabus for the Community Dentistry

Dept, SBDC, hence one such a trip was made in March the 21st by students and staff of the department. The students of Dentistry were taken to the school for Disabled Children (the SSRD) in University Town. With ages ranging from 5-20, patients with Downs' Syndrome, the deaf and dumb as well as the otherwise disabled were taught hygienic and correct methods of teeth brushing and oral hygiene. Through demonstrations the children were shown the correct hygienic

procedures. Later dental kits were distributed amongst all.



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Seminars on Medicine and Dentistry

A novel idea adopted by Gandhara University is fast gaining respect and admiration among its peers



Dr. Hafiz Ullah delivering the welcome address on day 1.

Surprising all with a brilliant approach towards medicine, Gandhara University held a series of scientific seminars on April 5th and 6th. Day 1 was dedicated to the memory of some pioneering doctors of Peshawar whereas on Day 2 everyone got to choose the seminar more attuned to one's field and interest. The Scientific Committee was headed by Prof. Shaheed Iqbal while the focal person of the event was Dr. Jawad Ahmed Kundi, Director Medical Education Gandhara University.

Dr. Shahzad Akbar delivered an opening speech in memory of Gandhara University founder, Surgeon Muhammad Kabir. Dr. Akbar traced back history as to how Surgeon Kabir became the first doctor in Peshawar to introduce laparoscopy, mastering the technology that many are still struggling to learn. Until his demise, Surgeon M. Kabir had performed nearly 200 successful laproscopies and is still regarded as one of the top most surgeons of the country.

Prof. Dr. Masood ur Rehman reminisced about his mentor and teacher Prof. Dr. Shams-ur-Rehman, a par excellence

Umeed Akhtar Khan, former Principal of Khyber Medical College who became the first Principal of SBDC, after retiring as Principal of Khyber College of Dentistry.

The Chief Guest Professor Hafizullah, Vice Chancellor of Kabir Medical University delivered a welcome address in which he talked at length about research and its importance. He emphasised that research is "training to ask a question – a good, relevant, smart



Scientific Seminar Presenters

question". Prof Dr. Hafizullah announced to the delight of many, the decision to establish the first Rheumatology Department at Kabir Medical College. He welcomed the participants to an under- and post-graduate series of lectures which began after tea. Many groups of students participated in setting up Clinic-tables comprising of research posters in the main corridors of the University. The 2nd Day lectures were delivered by consultants and senior Professors and were hence more subject-specific. As a student sums it up, "it was wonderful to hear the personal accounts of brilliant doctors while on the other hand, it was inspiring to learn about the scientific brains of some wonderful human beings".

Day 2 was divided into two speciality specific halves: that dedicated to Dentistry and the other to Medicine. Recognised Professors and renowned physicians and surgeons from Aga Khan Hospital Karachi, Rehman Medical Institute Peshawar, Khyber Medical College and Kabir Medical College presented insightful and knowledgeable lectures on varied subjects. The Chief Guest on the occasion was Dr. Riaz Warriach, Executive Director Pakistan Institute of Medical



Dr. Riaz Warriach with the Gandhara Academia and Presenters

Rheumatologist. Dr. Rehman belonged to the first batch (1960) of Khyber Medical College Peshawar and was one of those doctors who are workaholics to the extreme. While remembering Dr. Shams ur Rehman, he requested the administration of Gandhara University to pioneer and establish the first ever Rheumatology Department at Kabir Medical College. Lastly Prof. Imran Tajik talked highly of Prof. Dr.

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Sciences who awarded cash prizes to the winners. Lunch was served both days outside on the green, grassy lawn of the University. Right after the introductory morning session of the seminars, everyone stepped out to tea and to an awesome collection of posters and table clinics, as presented by the students from nearly all medical colleges and universities of Peshawar. The posters and the table clinics were presented on the first floor lobby. The participating students stood by their presentations to explain what they had made, how and more importantly, why. Breathtaking in their presentation and imaginative to the extreme, the judges had a tough time in deciding over the winners but the ones who did win, were well worth it. All the wings of the department of Medical

Education, Its Assistant Directors, Members and other faculty members of both KMC & SBDC actively participating in organizing and managing these scientific seminars.



Informative table clinics

Workshop on Dental Implants

A hands on clinical workshop is bound to provide a crash course to enrich, within a short time

Course directors Dr. Jawad Ahmad Kundi from the Department of Oral and Maxillofacial Surgery and Dr. Syed Nasir Shah from the Department of Prosthodontics delivered a brilliant hands-on clinical workshop. Held on 26th and 27th April, the course was meant to introduce Armamentarium (knowledge about use of specific surgical instruments), Guided Tissue Regeneration (GTR) and surgical protocols to young dentists.

GTR is required in periodontitis patients where there is excessive gum recession. Dental Implants though widely used nowadays are also meant to be properly understood and practiced before a medical practitioner adopts it. The workshop included lectures, hands-on exercises, live surgeries with certificates distributed in the end. With a house full response, many requested another workshop on the same topic in the near future!



Left: Dr. Jawad Kundi performing GTR Right: Participants in the workshop

Elections for PM&DC

Prof. Abdus Salam Dean Post Graduate Dental Sciences, SBDC was elected unopposed as a member of the Pakistan Medical and Dental Council (PM&DC). Prof. Shaheed Iqbal, Principal Sardar Begum Dental College was also elected as a member of the PM&DC. Both are representative of Gandhara University Peshawar in the PM&DC.

"We have to respect the fact that our seniors know more than us, we have to do good to have good, we have to respect others to be respected ourselves and most importantly we have to make sure that helping others is our main purpose in life"

Mr. Justice Tariq Parvez
April 13, 2013

Dear Editor,

As mentioned in your previous newsletter, our Character Building Society has a tenacious task set out for us: which is to further build and polish a person's character. It is this very ambition that projects us further into the pains and trials of a society desperately in need of healing. Our most recent venture has been to collect donations for a local orphanage Medina International in Chamkani. It houses nearly a 1000 orphans from the age of 4-7, 700 boys and 300 girls. The children are always in need of love and care. In the blink of an eye, we collected a donation of approximately Rs. 60,000 with the help of College administration and the active members of our society. Because we had set our hearts to it, on the 2nd of June, we bought the children a grand lunch. We made sure that we help in serving the children food ourselves. Sitting in neat rows, their faces were bright and happy and the lunch served to them was tasty. We sat with them during lunch and saw to it that they eat to their hearts fill. Such ventures make us realise that the biggest blessing is having parents! May Allah forgive our sins and make us able to make a difference, Ameen.

Syed Jamal Nasir,
President, Character Building Society
Gandhara University

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Celebrating years of Friendship

Every year the Pak-Japan Cultural Association celebrates its friendship through Art and Calendars

The Japanese Calendar Exhibition was held on February 9th. Set up in the new hall, keeping in mind the Japanese traditions, the exhibition was decorated with white in the main background and speckled with reds – a strong reference to the serenity of the Japanese flag. The Chief Guest on the occasion was the Minister for Mines and Minerals, Nawabzada Mehmood Zeb Khan. Calendars showing art by world

renowned artists such as Hajime Okamoto's painted fish and Kawase Hasui's woodblock prints were the highlights. Some non-Japanese artists such as William Curtis's Botanica 2013 collection and Norman Rockwell's famously witty paintings were also featured on the calendars. All the guests including the faculty and students took part in the Calendar lottery in the hopes of winning a calendar of their choice. The winners were ecstatic at owning a beautiful Japanese calendar, none too eager to share! Wishing them a Happy 2013 for the rest of the year!



Held during the Japanese Fish Festival, The Chief Guest and Chancellor Gandhara University

Sporty Gandharians

There is always the need for physical well-being especially for a healthy mind

The Sports Gala at Gandhara University began on February 11th. As always, Gandhara celebrated the first day of sports with much merriment, fun and colourful displays. No less than an Olympic opening ceremony, the students sported their creativity in dress, posters, banners and other artistic displays, fully supportive of their

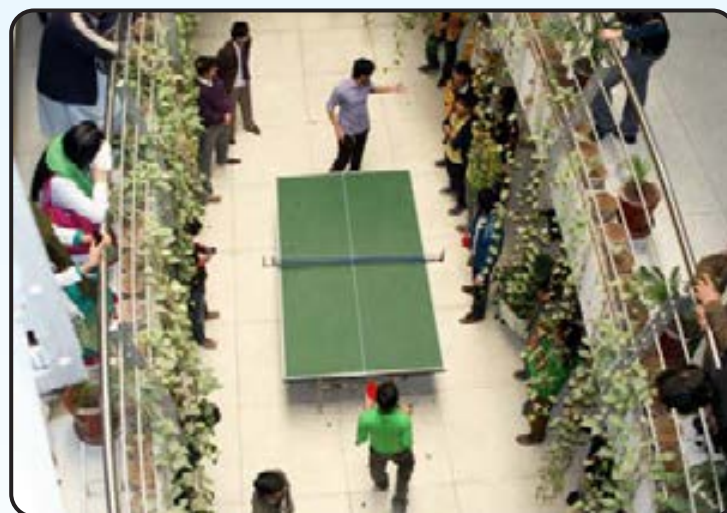
“ I am a regular football player, and that is what makes me calm for movie making.

Abdullah Durrani, KMC
Position in movies and football

”

teams. Dominant and vibrant colours were picked for the display with music blaring from huge speakers. For the rest of the three days girls actively participated in Table tennis,

Badminton and Netball matches, whereas the boys who, along with participating in these games also took part in cricket, football and for the first time in Gandhara history: in arm-wrestling! None of the wrists were broken thankfully, but the students certainly let out all that pent up energy. The students get to have all the fun! Prizes for the winners were distributed at the closing ceremony on the 14th of February on the Gandhara main ground on a bright and cheerful day.



A table tennis match in the main lobby

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Literary Week 2013

Inter College Qir'rat and Na'at competition

Being a means of offering praise to Allah and his last Messenger (PBUH), soulful voices provide elevation to the spirit

Teachers' participation in the literary event would be a huge attraction.

66 *Ayemen Tarif, (BDS 2nd position in Urdu debates)*

high standard for the competitors to follow, lending a peaceful aura to the new hall. Many students from different universities and

Held on February 25th, Qari Abdur Rauf Madni, the Gandhara University's Islamiat instructor, began the event by reciting a few ayat from Surah Rehman. His beautiful voice coupled with an exact pitch and balance set a

colleges in Peshawar participated to the fullest, bringing forth their God gifted voices, praising His Ultimate Being. The second half of the event was dedicated to Na'at Competitions praising our Holy Prophet PBUH. Both events were inter-college, with participants coming in from Khyber Medical College, IM Sciences, KPK Agricultural University, KPK Engineering University and many others. It came as no surprise that both Qir'rat and Na'at competitions were won by the Khyber Pukhtunkhwa Agricultural University students, as their control, pitch and Arabic delivery not to forget their voices surpassed all others. Contrary to common belief, the students actively participated and thoroughly enjoyed listening to the soulful Qir'rats and Na'ats.



Participants in the Inter-Colleges Qir'rat and Na'at competitions

Trilingual Debates, Poetry and Quiz Competitions

The art of argument is fought best by the best debaters

Who said it would be easy to convince a student of medicine? They rely on facts not fiction and believe only what they see. Debates in English, Urdu and Pushto were held on February 26th while the Poetry and Quiz Competitions were held on Feb. 27.

The hall was buzzing alive due to the cheering and roaring of the students at their fellow Gandharians. But the participants could not

66 *It would be great to have an inter-colleges debate contest next time.*

Waleed Babar, KMC
1st in Urdu debate,
Pushto poetry & drama

be distracted as it seemed like they are holding up a fool-proof wall. All were excellent in commanding control over themselves, their subject and the argumentations they

presented. Debating, holding quiz events and poetry prepare the students in making good presentations in class, pushing a point of view forward and to become fine, eloquent teachers in the future. Such competitions in literacy are all meant to encourage students to develop their imagination and to gain more confidence.



Students encouraging their classmates

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Promotions / Appointments

Prof. Fareeda Naseer
Appointed as
Professor Histopathology
Dept. Of Pathology, KMC

Prof. Dr. Ehsan Gul Khattak
Promoted to Professor
Dept. Of Pathology, KMC

Dr. Aurangzeb, Senior Registrar
Promoted to Asst. Professor
Dept. Of Anaesthesiology, NTH

Asad Khan
Promoted to Deputy Registrar
Gandhara University

On-Going

New Admissions

After the summer break, academic activities have started in full swing at Gandhara University. The month of September is for admissions in new MBBS and BDS classes. The admission forms, brochures and prospectus are all available at the Student Affairs Section. The last date for submission of papers is September 13, 2013.

Examinations

While many aspire to become Gandhara graduates through seeking admission into the University, there are those who are currently only found with their heads deep in their books! Started in the last week of August, every session of both MBBS and BDS is undergoing examinations. This is the time to show what they have learnt, to prove their worth and to make their teachers and parents proud. Good Luck to all!

Screen-testing your Skills!



Local television channels should look to students' talents for possible trainees and for content

The movie and drama competition was held on 28th February in the Kabir Auditorium. The dramas were interactive with funny dialogues delivered by talented students cum actors. Some came as old men, some as patriotic martyrs, others as doctors taking medical history from funny patients.

For the movies, the students mostly selected social themes with the exception of one which was based on a medical topic. Social evils plaguing us as a

society, evils such as kidnappings, differences between the rich and poor students, hard workers; while many had a strong inclination towards depicting the seven deadly sins. Some students did voice their concern regarding the media system, which although new, needs better technical management. Though still raw in film-making features such as editing, the movies were a strong reminder that the young generation nowadays is much more aware and knowledgeable in the visual medium and its manoeuvring, to discuss different issues. One short film covered the heart wrenching loss of a loved one to Alzheimer's disease with a moving message for the audience – 'Do not lose him to Alzheimer's'.



Painting and Photography Competition

Students displayed beautiful sketches, paintings and imaginative photographs

The painting and photography competition was held on 27th and 28th of February. Students displayed their artistic talent on both days serving as backdrop for both the poetry and quiz (held on

27th Feb) as well as the movie and drama competitions (held on 28th Feb).

“What more would I like to see at the literary event? A singing competition!”

Maryam Ayub,
Position in Pushto poetry

Everyone who entered the hall was first welcomed by a beautiful display of charcoal sketches, water colours and monochrome photographs, each more artistic and thought provoking than the next. The winners were awarded on the last day of the literary week.



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